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Primary Health Care Ames receives \$18,882.20 to expand Farm to Clinic Program

Ames, IA -- February 1, 2019 -- The Primary Health Care clinic in Ames has received a grant for \$18,882.20 from Mary Greeley Medical Center to expand their Farm to Clinic Program.

The clinic partners with Mustard Seed Community Farm, Farm to Folk CSA Collaborative and Plant-a-Row for the Hungry Story County to purchase CSA shares to distribute to PHC patients, who may not otherwise have access to fresh fruit and vegetables.

Once a week the Farm to Clinic program is set up in the lobby of the PHC clinic for patients to 'fill their prescription' for healthy foods. During the summer of 2018, the clinic purchased 25 shares to serve 75 to 100 people each week.

PHC will use the grant from Mary Greeley Medical Center to double the number of shares purchased and expand the program to serve 150-200 people per week during the summer including pregnant patients.

Additionally, the grant will be used to expand the program to a year-round offering including winter produce, meat, dairy, and other non-perishable foods including rice and beans. The winter program is currently being piloted with 30 to 40 patients.

Primary Health Care in Ames is located at 3510 Lincoln Way and is open Monday through Friday from 8 a.m. to 5 p.m. To learn more about the clinic and services provided visit [www.phciowa.org/ames](http://www.phciowa.org/ames)

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PHC is a nonprofit community health center with 15 locations throughout Ames, Des Moines and Marshalltown. They provide medical, dental, behavioral health, HIV care, homeless support and other services to the poor and underserved living in central Iowa. PHC works to bridge the gaps in care identified by the communities they serve and have been providing health care and supportive services in central Iowa for over 35 years.