



PHC School-Based Health Clinics

Student Advisory Council

What Can You Expect as a PHC Student Advisor?

Purpose

The student advisory council will point out problems, suggest changes, and decide what is important to high school-age people, about their own healthcare. Our goal is to make adolescent care better by working with the council to be sure the healthcare setting is welcoming and understands what young people want and need.

Membership

Timing and Size of Council

- Student Advisory Council (Sep 1, 2023 - May 30, 2024): 10-12 students

Who should be part of the Council?

- Students who reflect the diversity of the school's population.
- Sophomores and juniors are preferred.

Time Commitment

- Attend council meetings (in person) one time per month, approximately 1-2 hours.
- Attend a virtual huddle one to two times per month, approximately 15-30 minutes each time.
- Occasional meetings that last up to an hour, three-four times over the course of the school year, addressing specific concerns identified by the SAC.
- Individual hours may be different for each person, depending on how much work is done outside of the council meetings and huddles.

Student Advisor Pay

- Individuals will be paid for the time they spend on developing plans or other work related to the council's goals and purpose (either at home or in the community).
- Students may also choose to use their time towards silver cord hours.
- Facilitate meetings.
- Facilitate communication between meetings.
- Arrange meetings including materials and food.
- Generate an agenda and email it to the SAC members.
- Distribute compensation packages (gift cards, silver cord hours).

- Facilitate transportation to and from meetings (if needed).
- Materials needed for student led initiatives.

Council Activities

- Assess the school environment, either through a survey, physical visit, or other activity to figure out what needs to be improved.
- Review, think about, and talk about different ideas.
- Decide on 1-2 ideas we can focus on for improving, and come up with an action plan.
- Determine timeline & activities to achieve the goals.
- Execute the action plan.
- Once the action plan is completed, compare results to the initial assessment.

Meeting Rules and Expectations

- Attend the Council's meetings.
- Be on time.
- Actively participate in group discussions by sharing your thoughts and perspectives.
- Listen and learn from the perspective of others. Ask questions.
- Be respectful of opinions and ideas that are different than your own.

Facilitator Role & Responsibilities

- Facilitate meetings.
- Facilitate communication between meetings.
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